

CURRICULUM VITAE

ELLEN STEPHENSON

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EDUCATION

- 2014-2018
(expected) **University of British Columbia**
Ph.D., Health Psychology
Minor in Quantitative Methods
Advisor: Anita DeLongis
- 2012-2014 **University of British Columbia**
M.A., Health Psychology
Advisor: Anita DeLongis
- 2007-2011 **McGill University**
B.Sc., Honors Psychology
First Class Honors with Distinction

PUBLICATIONS

Peer-reviewed articles

Stephenson, E., DeLongis, A., Bruel, B., & Badr, H. (2017). Outpatient pain medication use: An electronic daily diary study in metastatic breast cancer. doi: 10.1016/j.jpainsymman.2017.11.032

Müller, F., **Stephenson, E.,** DeLongis, A., Smink, A., van Ginkel, R. J., Tuinman, M. A., & Hagedoorn, M. (2017). The reciprocal relationship between daily fatigue and catastrophizing following cancer treatment: Affect and physical activity as potential mediators. *Psycho-Oncology*. doi: 10.1002/pon.4574

Stephenson, E., DeLongis, A., Steele, R., Cadell, S., Andrews, G., & Siden, H. (2017). Siblings of children with a complex chronic health condition: Maternal posttraumatic growth as a predictor of changes in child behavior problems. *Journal of Pediatric Psychology*, 42(1), 104-113. doi: 10.1093/jpepsy/jsw053.

Pow, J., King, D. B., **Stephenson, E.,** & DeLongis, A. (2017). The impact of daily occupational stress on sleep among shift workers: Social support as a buffer. *Journal of Occupational Health Psychology*, 22(1), 71-85. doi: 10.1037/a0040107.

Rosberger, Z., Krawczyk, A., **Stephenson, E.,** & Lau, S. (2014). HPV vaccine education: Enhancing knowledge and attitudes of community counselors and educators. *Journal of Cancer Education*, 29(3), 273-277. doi: 10.1007/s13187-013-0572-z.

Stephenson, E., DeLongis, A., Esdaile, J. M., & Lehman, A. J., (2014) Depressive symptoms and rheumatoid arthritis: Spouse empathic responding as a buffer. *Arthritis Care and Research*, 66(4), 532–541. doi: 10.1002/acr.22161.

Krawczyk, A., **Stephenson, E.**, Perez, S., Lau, E., & Rosberger, Z. (2013). Deconstructing Human Papillomavirus (HPV) knowledge: Objective and perceived knowledge in males' intentions to receive the HPV vaccine. *American Journal of Health Education*, 44, 26–31. doi: 10.1080/19325037.2012.749714

Book chapters

Stephenson, E. & DeLongis, A. (in press). Coping strategies. In L. Cohen (Ed.), *Wiley Encyclopedia of Health Psychology*.

Stephenson, E., King, D. B., & DeLongis, A. (2016). Coping Process. In G. Fink (Ed.), *Stress: Concepts and Cognition, Emotion, and Behavior* (pp. 359-364). Cambridge, MA: Academic Press.

Forthcoming publications

Stephenson, E. & DeLongis, A. (revision requested). A 20-year prospective study of marital separation and divorce in stepfamilies: Appraisals of family stress as predictors.

SELECTED CONFERENCE PRESENTATIONS

Oral presentations

Müller, F., Tuinman, M. A., Smink, A., **Stephenson, E.**, DeLongis, A., & Hagedoorn, M. (2017). Daily partner responses have divergent effects on cancer patient's fatigue interference and relationship satisfaction. European Health Psychology Society Conference, Padova, Italy.

Stephenson, E. & DeLongis, A. (2017). Combining daily diary with longitudinal data: 20-year prospective study of divorce among couples in stepfamilies. Society for Ambulatory Assessment's biennial meeting, Luxembourg.

Müller, F., **Stephenson, E.**, DeLongis, A., Smink, A., Tuinman, M. A., & Hagedoorn, M. (2017). The interplay of spouse support, patient catastrophizing and daily fatigue in post-treatment cancer patients. Society for Ambulatory Assessment's biennial meeting, Luxembourg.

Stephenson, E. & DeLongis, A. (2016). Couples coping with stress: A prospective study of stepfamilies. International Association for Relationship Research Conference, Toronto, ON.

Stephenson, E., King, D. B., Holtzman, S., Hagedoorn, M., & DeLongis, A. (2014). Dyadic coping with rheumatoid arthritis: The role of spouse responses. International Congress of Behavioral Medicine, Groningen, the Netherlands.

Stephenson, E., King, D. B., Holtzman, S., Hagedoorn, M. & DeLongis, A. (2014). Couples coping with rheumatoid arthritis: How spouse support moderates the effect of patient catastrophizing on subsequent pain. American Psychosomatic Society's annual meeting, San Francisco, CA.

DeLongis, A., King, D. B., & **Stephenson, E.** (2014). Dyadic coping with rheumatoid arthritis: spouse responses moderate the effect of patient coping on pain. Society of Personality and Social Psychology's annual meeting, Austin, TX.

Dunkley, D., **Stephenson, E.**, Schattler, A-L., & Ma, D. (2010). Perfectionism as a predictor of depressive and anxious symptoms over 3 years: Daily stress and avoidant coping as mediators and moderators. World Conference on Stress & Anxiety Research, Galway, Ireland.

Poster presentations

Stephenson, E., Hope, S., & DeLongis, A. (2017). Stress, coping, and divorce: Findings from a prospective study of stepfamilies. International Dyadic Coping Conference, Milan, Italy.

Stephenson, E., DeLongis, A., Steele, R., Cadell, S., Andrews, G., & Siden, H. (2015). Siblings of children with a complex chronic illness: Maternal posttraumatic growth as a predictor of changes in child behavior problems. Association for Psychological Science's annual convention, New York, NY.

Stephenson, E., Herriot, H., & DeLongis, A. (2014). Daily dyadic coping predicts changes in marital adjustment among couples in stepfamilies across 2 years. European Health Psychology Society's annual conference, Innsbruck, Austria.

Pow, J. L., King, D.B., **Stephenson, E.**, & DeLongis, A. (2014). Predictors and outcomes of sleep quality in paramedics and their spouses: A daily process model. Canadian Psychological Association's annual convention, Vancouver, BC.

Herriot, H., **Stephenson, E.**, & DeLongis, A. (2014). Marital adjustment in stepfamilies: Effects of daily dyadic coping. Canadian Psychological Association's annual convention, Vancouver, BC.

Stephenson, E. & DeLongis, A. Couples coping with stress: A 20-year prospective study of stepfamilies. (2014). Western Psychological Association's annual meeting, Portland, OR.

Pow, J. L., King, D. B., **Stephenson, E.**, & DeLongis, A. (2014). Dyadic coping and sleep in paramedics and their spouses. Western Psychological Association's annual meeting, Portland, OR.

Stephenson, E., Lehman, A. J., & DeLongis, A. (2013). Couples coping with chronic pain: Spouse empathic responding as a moderator of depressive symptoms. International Dyadic Coping Conference, Louisville, KY.

Stephenson, E., DeLongis, A., & Lehman, A. J. (2013). Depressive symptoms and rheumatoid arthritis: Spouse empathic responding as a moderator. Society of Behavioral Medicine's annual meeting, San Francisco, CA.

Krawczyk, A., **Stephenson, E.**, Perez, S., Lau, E., & Rosberger, Z. (2012). Deconstructing the role of knowledge in men's HPV vaccination intentions. International Papillomavirus Conference, San Juan, Puerto Rico.

Rosberger, Z., **Stephenson, E.**, Di Dio, P., Rosen, N., Knauper, B., Maynard, M.-H. & Franco, E. (2012). Acceptability of HPV testing to screen for cervical cancer. International Papillomavirus Conference, San Juan, Puerto Rico.

Drummond, N., Lau, S., Gold, L., Caplan, R., Rosberger, Z., Gotlieb, W., & **Stephenson, E.** (2012). Standardized screening for distress for women with gynecological cancer: A review of trends in patients' concerns. Biennial Meeting of the International Gynecological Cancer Society, Vancouver, BC.

Andrews, J., **Stephenson, E.**, & Pruessner, J. (2011). Physiological versus psychological stress reactivity in healthy men and women with high and low self-esteem. International Psychoneuroendocrinology Conference, Berlin, Germany.

INVITED TALKS

Stephenson, E. (2017). Maintaining relationships in times of stress: Integrating daily diary and longitudinal findings. University Medical Center Groningen, Groningen, the Netherlands.

Stephenson, E. & DeLongis, A. (2016). Couples coping with stress: Long-term effects on relationship stability. Free University of Berlin, Berlin, Germany.

MAJOR FELLOWSHIP AWARDS

2017-2018 **Doctoral Fellowship**, *University of British Columbia*
Value: \$18,200

2014-2017 **Canada Graduate Scholarship Doctoral Award**, *Social Sciences and Humanities Research Council of Canada*
This fellowship is awarded to support Canada's top graduate students conducting research in the social sciences and humanities at the doctoral level. Value: \$105,000.

2014-2016 **Killam Doctoral Scholarship**, *Izaak Walton Killam Memorial Fund*
This is the most prestigious award available to graduate students at the University of British Columbia. Value: \$30,000.

2013-2014 **Canada Graduate Scholarship Master's Award**, *Social Sciences and Humanities Research Council of Canada*
This fellowship is awarded to support Canada's top graduate students conducting research in the social sciences and humanities at the master's level. Value: \$17,500.

2012-2013 **Graduate Entrance Fellowship**, *University of British Columbia*
Value: \$17,500.

2010 **Undergraduate Student Research Award**, *Natural Sciences and Engineering Research Council of Canada*
Value: \$5,625.

OTHER AWARDS & HONOURS

2015 **Graduate Research Award**, *University of British Columbia*

2015 **Killam Travel Award**, *Izaak Walton Killam Memorial Fund*

2014 **Certificate of Academic Excellence**, *Canadian Psychological Association*

2014 **Coren Prize for Best Master’s Thesis in Psychology**, *University of British Columbia*

2013 **Graduate Research Award**, *University of British Columbia*

TEACHING EXPERIENCE

2013-2018 Health psychology
University of British Columbia
Duties: Head teaching assistant, guest lecturer, course development, marking

PROFESSIONAL ACTIVITIES

Association Memberships

Association for Psychological Science
Canadian Psychological Association
International Association for Relationship Research
Society for Health Psychology (APA Division 38)
Society of Behavioral Medicine

Ad hoc reviewer

Arthritis Care & Research
Health Psychology
Journal of Child and Family Studies
Journal of Personal and Social Relationships
Journal of Family Psychology
PLOS ONE
Society for Philosophy and Psychology

Departmental service

2017-2018 Statistical consulting, Department of Psychology, UBC
2015 Co-chair, Annual Departmental Conference, UBC
2014-2017 Treasurer, Psychology Graduate Student Council, UBC
2013 Student representative, Department of Psychology Colloquium Committee, UBC
2012 Student representative, Department of Psychology Faculty Search Committee, UBC